

WHERE THERE IS NO DOCTOR

is more than a book on first aid. It covers a wide range of things that affect the health of the villager - from diarrhea to tuberculosis, from helpful and harmful home remedies to the cautious use of certain modern medicines. Special importance is placed on cleanliness, a healthy diet and vaccinations. The book also covers in detail both childbirth and family planning. Not only does it help the reader realize what he can do for himself, but it helps him recognize which problems need the attention of an experienced health worker. This new revised edition includes information about some additional health problems - AIDS, dengue, complications from abortion, drug addiction, among many others - and updated advice on topics covered in the first edition.



THIS BOOK IS FOR...

THE VILLAGER who lives far from medical centers. It explains in simple words and drawings what he can do to prevent, recognize and treat many common sicknesses.



THE VILLAGE STOREKEEPER OR PHARMACIST

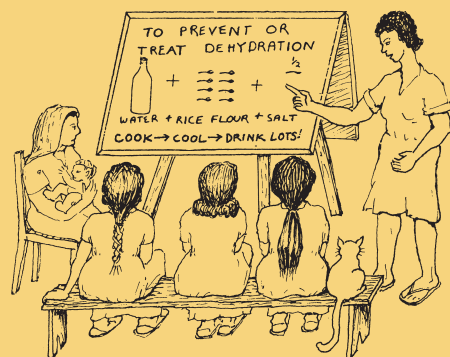
who sells medicines and health-care supplies. The book explains which medicines are the most useful for specific sicknesses and warns against ones that are useless and dangerous. Risks and precautions are carefully explained. Guidelines are given for the sensible use of both traditional and modern medicines.



THE TEACHER in a rural school. The book will help him give practical advice and care to the sick and injured. It also gives guidelines for teaching children and adults in his community about the problems of health, cleanliness, and nutrition.

THE VILLAGE HEALTH WORKER, or anyone who is concerned about the health and well-being of those in his community. An introductory section for the village health worker discusses the ways to determine needs, share knowledge, and involve the community in activities that can better people's health.

MOTHERS AND MIDWIVES will find useful the clear, easy-to-understand information for home birth, care of the mother, and child health.



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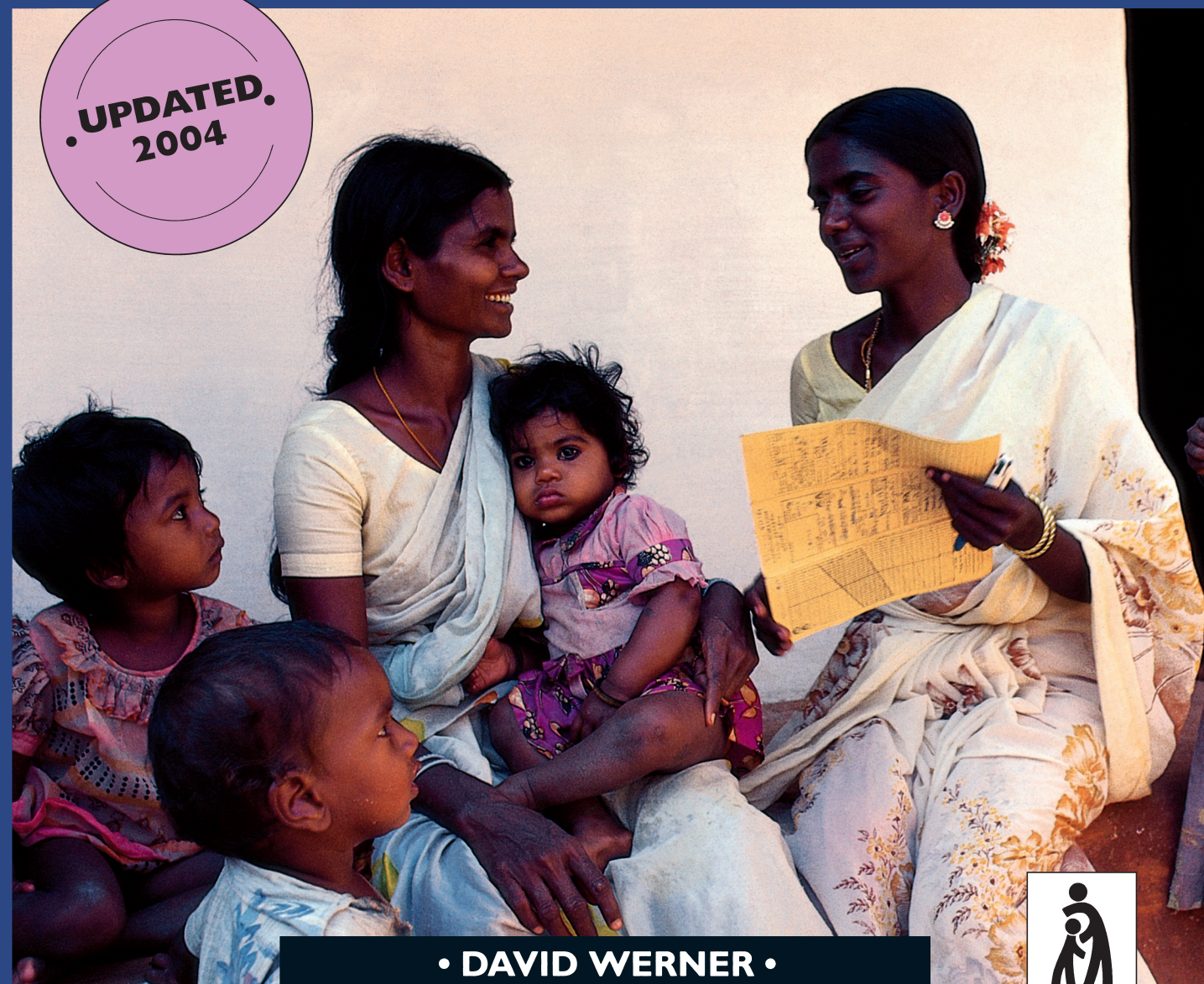
UPDATED
2004



WHERE THERE IS NO DOCTOR

• A VILLAGE HEALTH CARE HANDBOOK •

UPDATED.
2004



• DAVID WERNER •
with Carol Thuman and Jane Maxwell

